

نوٹ - ہر سوال کے چار ممکنہ جوابات A, B, C اور D دیئے گئے ہیں۔ جوابی کاپی پر ہر سوال کے سامنے دیئے گئے دائروں میں سے درست جواب کے مطابق متعلقہ دائرہ کو مار کر یا پین سے بھر دیجئے۔ ایک سے زیادہ دائروں کو بھرنے یا کاٹ کر بھرنے کی صورت میں مذکورہ جواب غلط تصور ہوگا۔ Bubbles بھرنے کی صورت میں کوئی نمبر نہیں دیا جائے گا۔ اس

Note: You have four choices for each objective type question as A, B, C and D.

The choice which you think is correct, fill that circle in front of that question number. Use marker or pen to fill the circles. Cutting or filling two or more circles will result in zero mark in that question. Attempt as many questions as given in objective type question paper and leave others blank. No credit will be awarded in case BUBBLES are not filled. Do not solve question on this sheet of OBJECTIVE PAPER.

Q.No.1

سوال نمبر 1-

- (1) Qualities like discipline are produced by:-
(A) Walking سیر (B) Music موسیقی (C) Play کھیل (D) Film watching فلم بینی
- (2) The proper use of leisure is:-
(A) Walking سیر (B) Play کھیل (C) Music موسیقی (D) Newspaper reading اخبار بینی
- (3) The width of runway of throwing the Javelin is:-
(A) 4 m (B) 3 m (C) 5 m (D) 6 m
- (4) The pointed metal head of Javelin is called:-
(A) Shaft شافت (B) Head ہیڈ (C) Grip گریپ (D) Tail ٹیل
- (5) After every round, the minimum height of crossbar is raised upto:-
(A) 4 cm (B) 1 cm (C) 2 cm (D) 3 cm
- (6) An athlete gets attempts at a height in high jump:-
(A) 2 (B) 3 (C) 4 (D) 1
- (7) The distance of a standard track is:-
(A) 200 m (B) 300 m (C) 400 m (D) 500 m
- (8) The width of lanes of standard track is:-
(A) 1.20 m (B) 1.18 m (C) 1.16 m (D) 1.22 m
- (9) The largest gland in human body is:-
(A) Heart دل (B) Stomach معدہ (C) Liver جگر (D) Pancreas لبلبہ
- (10) _____ converts sugar into glucose.
(A) Maltose مالتوز (B) Eripson اریپسن (C) Rennin رینن (D) Pepsin پیپسن
- (11) The kinds of voluntary muscles are:- (A) 1 (B) 2 (C) 3 (D) 4
- (12) Human body consists of about _____ percent of water.
(A) 50 (B) 70 (C) 60 (D) 45
- (13) Balanced diet has food contents:- (A) 5 (B) 4 (C) 3 (D) 6
- (14) Caffeine is found in:-
(A) Coffee کافی (B) Lassi لسی (C) Soda water سوڈا واٹر (D) Kanjee کانچی
- (15) AIDS virus was discovered in:-
(A) China چین (B) America امریکا (C) Russia روس (D) Paris پیرس

(FOR BOYS ONLY)

(صرف طلباء کے لئے)

- (16) Hockey ground divided into _____ parts. (A) 4 (B) 3 (C) 2 (D) 6
- (17) The length of Basketball Court is:-
(A) 26 M (B) 25 M (C) 28 M (D) 30 M

(FOR GIRLS ONLY)

(صرف طالبات کے لئے)

- (16) The short service area of Badminton Court is:-
(A) 1.98 m (B) 1.83 m (C) 1.50 m (D) 1.20 m
- (17) The length of net in Badminton game is:-
(A) 6.20 m (B) 6.40 m (C) 6.10 m (D) 6.50 m